



Minnesota Association of County
Social Service Administrators

Long-Term Care Services and Supports-Waiver Case Management

What is Long-Term Care Services and Supports-Waiver Case Management?

Long-Term Care Services and Supports Waiver (LTSS) Case Management is a service designed to support the needs of children, adults and seniors with varying degrees of physical, cognitive, emotional/behavioral, mental/medical health abilities. County case managers assist people to access and navigate services and supports based on the person's values, strengths, goals and needs.

Case management is an essential component of Minnesota's Home and Community Based Service Programs (HCBS). These programs are available to individuals who choose to reside in the community and meet the eligibility criteria.

The six HCBS programs are unique, and are tailored to meet the needs of specific populations.

Minnesota's Home and Community Based Service Programs (HCBS)

- **Alternative Care (AC):** For people over age 65 years who are at risk of nursing home placement.
- **Brain Injury (BI):** For people with a traumatic, acquired or degenerative brain injury who require the level of care provided in a nursing facility that provides specialized services for person with BI, or who require the level of care provided in a neurobehavioral hospital
- **Community Alternative Care (CAC):** For people with chronic illness and who are medically fragile, under age 65, who require the level of care provided in a hospital.
- **Community Alternative for Disabled individuals (CADI):** For people with chronic illness and who are medically fragile, under age 65, who require the level of care provided in a nursing facility.
- **Developmental Disability Waivers (DD):** For persons with developmental disabilities or a related condition who require the level of care provided in an Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD).
- **Elderly Waiver (EW):** For people over the age of 65 who require the level of care provided in a nursing facility and choose to reside in the community.

Why Counties are Uniquely Qualified to Provide LTSS Case Management:

- **Experience:** Counties have long standing experience and knowledge in the administration and management of HCBS programs in partnership with DHS.
- **Collaboration:** The strong connections county case managers maintain with other internal county services (such as Adult/Child Protection, Financial Assistance, Behavioral Health and Public Health) bring additional support and value to the individuals and families.
- **Strong Provider Partnerships:** For years, Counties have contracted directly with HCBS providers and maintain strong collaborative ties to the broader provider community. Counties are in the best position to assess the need for new or expanded services and supports, because of these relationships.
- **No Conflict of Interest:** With few exceptions, Counties are not providers of LTSS services other than case management. County case managers are best positioned to assist people in accessing services of their choice without the conflict of agency self-referral.

Four Primary Functions of County Case Managers



Example from the Field...

Elena is a 75 year old woman who is severely brain damaged and is unable to communicate except through some facial expressions. She requires 24/7 care and is completely dependent on others. Elena is on the CADI waiver and is enrolled in Managed Care. She receives PCA services to assist with positioning, bathing/dressing, incontinence care, wound/skin care and range of motion. Elena lives with her husband who also has multiple major health issues. Recently, their home became infested with bedbugs. All of the equipment in the home, including a hospital bed, suction machine, foam mattress, and medical supplies were considered infested and had to be treated. As a result of the infestation, the client and her spouse were being evicted. The County Case Manager, working with the Elena's spouse, medical doctor, hospital, transportation company, medical supply providers, DHS, county financial worker and managed care coordinator, ensured that Elena received the needed supplies, home care and services to safely transition to her new home environment. ▲

What Does Success Look Like?

County case management has proven positive and measureable outcomes in areas such as community living, employment, reducing environmental barriers, improving and stabilizing health needs, and enhancing independent living skills. Simply put, success with LTSS Case Management is achieved when a person is able to safely live in the community in an environment that promotes their individual needs and choices.

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125 Charles Avenue, St. Paul, MN 55103-2108
651-789-4340

www.macssa.org